

Aqualympics - Brooklyn Sheepshead Bay Location
海豚游泳 - 布碌崙羊頭灣場地

Spring 2024 Swimming Program / 2024 年春季游泳課程

Saturdays / 逢星期六: 04/06/2024 – 06/15/2024

Dates Closed / 放假日期: 04/27/2024

Saturdays 逢星期六 ~ Brooklyn Location at Lincoln High School
布碌崙林肯高中場地 (2800 Ocean Parkway, Brooklyn, NY 11235)

Junior Basics 兒童基礎級:	09:30 AM – 10:15 AM or 03:30 PM – 04:15 PM	or 01:15 PM – 02:00 PM
Junior Level I 兒童一級:	12:30 PM – 01:15 PM	or 02:45 PM – 03:30 PM
Junior Level II 兒童二級:	11:00 AM – 12:30 PM	or 02:00 PM – 03:30 PM
Junior Level III 兒童三級:	09:30 AM – 11:00 AM or 02:00 PM – 03:30 PM	or 12:30 PM – 02:00 PM or 03:30 PM – 05:00 PM
Junior Level IV 兒童四級:	09:30 AM – 11:00 AM	or 02:00 PM – 03:30 PM
Junior Level V 兒童五級:	11:00 AM – 12:30 PM	or 02:00 PM – 03:30 PM
Teen Level I 青少年一級:	10:15 AM – 11:00 AM or 04:15 PM – 05:00 PM	or 02:00 PM – 02:45 PM
Teen Level II 青少年二級:	12:30 PM – 02:00 PM	or 03:30 PM – 05:00 PM
Teen Level III 青少年三級:	11:00 AM – 12:30 PM	or 12:30 PM – 02:00 PM
Teen Level IV 青少年四級:	09:30 AM – 11:00 AM or 12:30 PM – 02:00 PM	or 11:00 AM – 12:30 PM or 03:30 PM – 05:00 PM
Teen Level V 青少年五級:	11:00 AM – 12:30 PM or 03:30 PM – 05:00 PM	or 12:30 PM – 02:00 PM
Level VI 六級:	11:00 AM – 12:30 PM	or 02:00 PM – 03:30 PM
Level VII 七級:	09:30 AM – 11:00 AM or 03:30 PM – 05:00 PM	or 12:30 PM – 02:00 PM
Level VIII 八級:	09:30 AM – 11:00 AM or 02:00 PM – 03:30 PM	or 11:00 AM – 12:30 PM
Swim Team** 游泳隊**:	05:00 PM – 06:30 PM	

Program Tuition:

\$520 for Junior Basics & all Level 1 classes (45 minutes per class, total of 10 classes)

\$860 for classes from Level 2 & up (90 minutes per class, total of 10 classes)

學費:

兒童基礎級和一級課程 (每堂課 45 分鐘, 共 10 堂) 收費 \$520

二級或以上課程 (每堂課 90 分鐘, 共 10 堂) 收費 \$860

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海豚游泳 - 布碌崙羊頭灣場地

Spring 2024 Swimming Program / 2024 年春季游泳課程

Sundays / 逢星期日: 04/07/2024 – 06/16/2024

Dates Closed / 放假日期: 04/28/2024

Sundays 逢星期日 ~ Brooklyn Location at Lincoln High School

布碌崙林肯高中場地 (2800 Ocean Parkway, Brooklyn, NY 11235)

Junior Basics 兒童基礎級:	01:30 PM – 02:15 PM or 04:30 PM – 05:15 PM	or 03:00 PM – 03:45 PM or 05:15 PM – 06:00 PM
Junior Level I 兒童一級:	12:00 PM – 12:45 PM	or 04:30 PM – 05:15 PM
Junior Level II 兒童二級:	01:30 PM – 03:00 PM	or 03:00 PM – 04:30 PM
Junior Level III 兒童三級:	10:30 AM – 12:00 PM or 01:30 PM – 03:00 PM	or 12:00 PM – 01:30 PM or 03:00 PM – 04:30 PM
Junior Level IV 兒童四級:	09:00 AM – 10:30 AM or 03:00 PM – 04:30 PM	or 01:30 PM – 03:00 PM
Junior Level V 兒童五級:	09:00 AM – 10:30 AM	or 03:00 PM – 04:30 PM
Teen Level I 青少年一級:	12:45 PM – 01:30 PM or 03:45 PM – 04:30 PM	or 02:15 PM – 03:00 PM or 05:15 PM – 06:00 PM
Teen Level II 青少年二級:	09:00 AM – 10:30 AM or 12:00 PM – 01:30 PM	or 10:30 AM – 12:00 PM
Teen Level III 青少年三級:	09:00 AM – 10:30 AM or 04:30 PM – 06:00 PM	or 03:00 PM – 04:30 PM
Teen Level IV 青少年四級:	10:30 AM – 12:00 PM or 04:30 PM – 06:00 PM	or 12:00 PM – 01:30 PM
Teen Level V 青少年五級:	09:00 AM – 10:30 AM or 12:00 PM – 01:30 PM or 04:30 PM – 06:00 PM	or 10:30 AM – 12:00 PM or 01:30 PM – 03:00 PM
Level VI 六級:	09:00 AM – 10:30 AM or 12:00 PM – 01:30 PM	or 10:30 AM – 12:00 PM or 04:30 PM – 06:00 PM
Level VII 七級:	12:00 PM – 01:30 PM or 04:30 PM – 06:00 PM	or 01:30 PM – 03:00 PM
Level VIII 八級:	09:00 AM – 10:30 AM or 03:00 PM – 04:30 PM	or 10:30 AM – 12:00 PM
Swim Team** 游泳隊**:	06:00 PM – 07:30 PM	

* 1:4 Instructor to Student ratio is applied upto level 7.
 *1:4 教練學生人數比例只適用於七級或以下。
 ** Swim Team training is recommended to attend for both Saturday and Sunday, there will be no make-up class arrangement for any absence.
 ** 游泳隊學員必須出席星期六及星期天(每週兩天)的訓練(包括不定期之游泳比賽)。如果缺席將沒有補課安排。

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